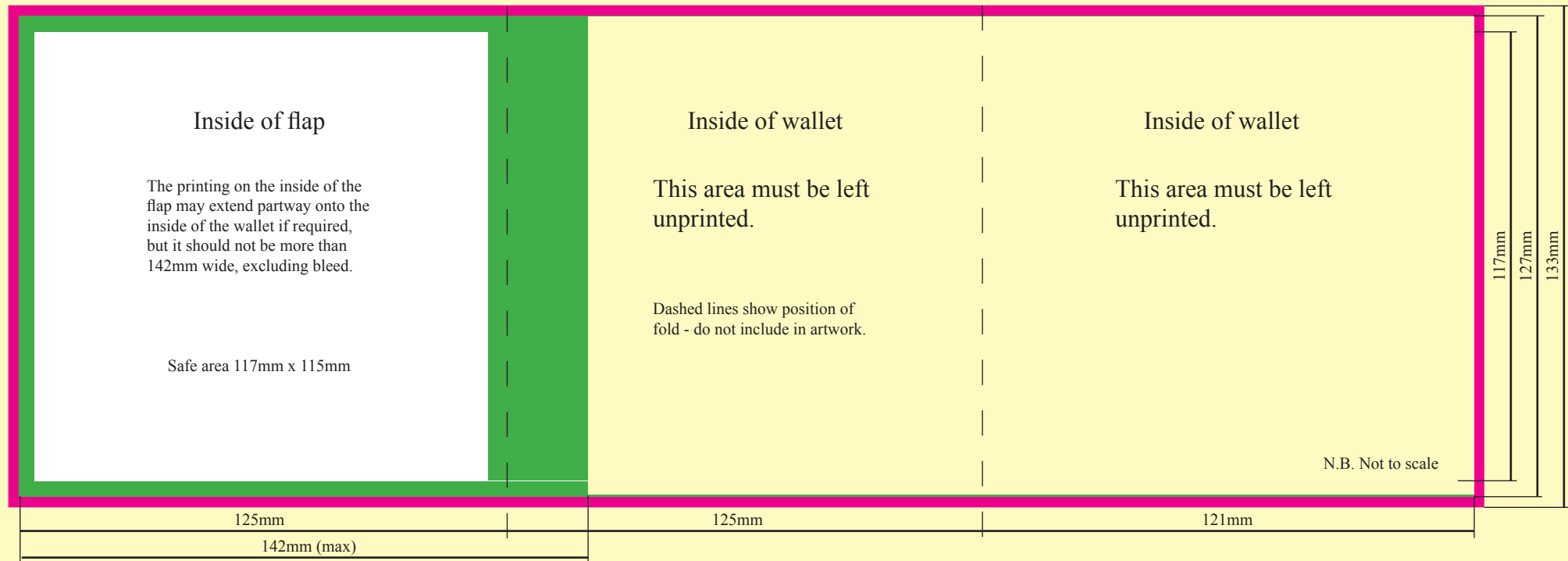
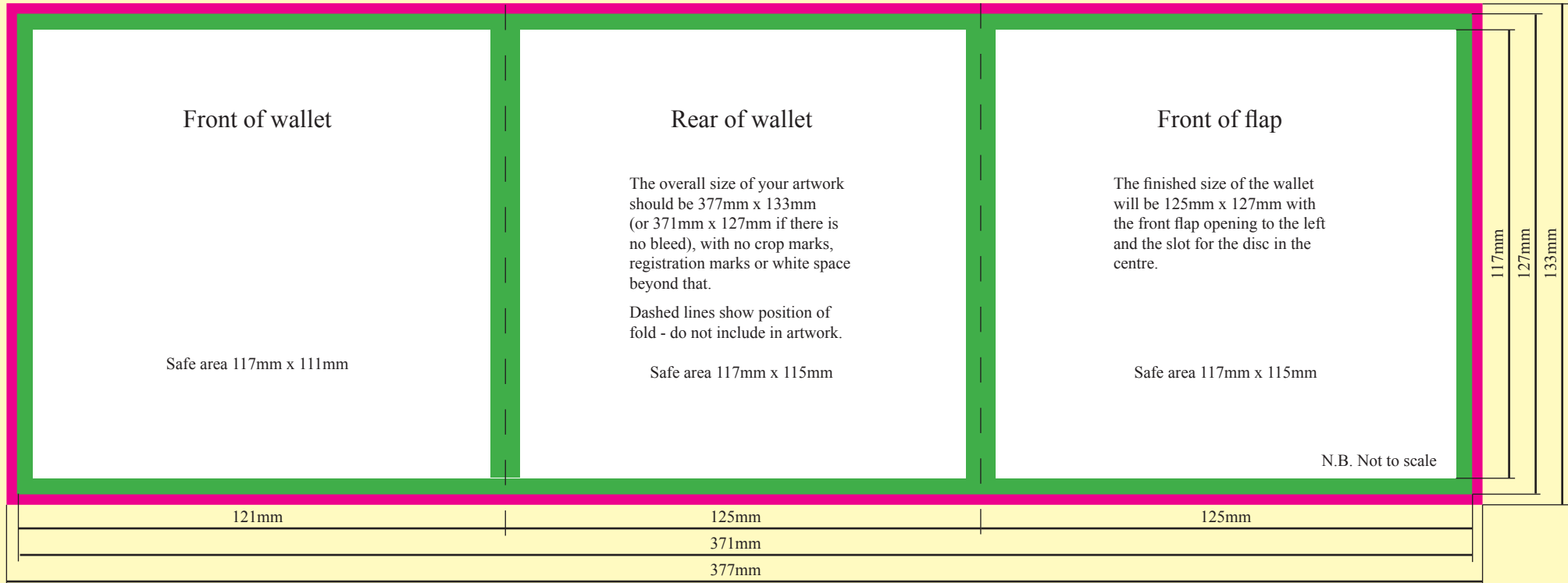


# Template for printed Lancing packs - Replication



- Bleed area - 3mm beyond edge of trimmed insert
- Fringe area - 5mm from edge or fold - avoid placing text or important graphics here
- Safe area - place all text and important graphics here

N.B. Colours should be CMYK (not RGB)  
No text smaller than 6pt (8pt if reversed out) for digital or screen print; 5pt (6pt if reversed out) for litho print  
No lines thinner than 0.2mm (0.3mm if reversed out) for digital/screen print; 0.15mm (0.2mm if reversed out) for litho  
Graphics should be at least 300dpi (and ideally 600dpi)  
Any background or fill should extend across the whole canvas into the bleed area - 377mm x 133mm  
Preferred format high-resolution pdf (jpg, eps, tif, bmp also accepted)